



LUNCH
|| MENU ||

dulse

THE
WATERFRONT



MILFORD
HAVEN

TWO COURSES || £17.00 PER PERSON
THREE COURSES || £21.00 PER PERSON

|| To Nibble

LOCAL ARTISAN BREAD || £4.75

SEAWEED BUTTER PEMBROKESHIRE SEA SALT
(V,G,E,D)

|| Starters

MARKET FISH AND LAVERBREAD FISHCAKE

CAPERS, DILL AND MALT VINEGAR MAYONNAISE
(F,M,G,S,E,SD,MU)

HAM HOCK TERRINE

RED ONION AND ELDERPORT CHUTNEY, ONION BREAD
(G,D,S,SD)

QUINOA SALAD, BUTTERNUT SQUASH, EDAMAME BEANS

PICKLED WATERMELON, TOASTED SEEDS WITH SEAWEED AND LIME VINAIGRETTE
(V,S,SD)

|| Mains

LEMON AND THYME ROAST CHICKEN SUPREME

TRUFFLE MASH, LOCAL BEER BRAISED CARROT, CHICKEN JUS
(G,D,SD)

GRILLED SALMON

CRUSHED PEMBROKESHIRE POTATOES, KALE, DULSE TARTARE SAUCE
(F,SD)

VEGAN SWEETCORN AND ASPARAGUS RISOTTO

SAMPHIRE, PEAS, TOMATO AND VEGAN CHEESE
(V)

|| Sides

HOUSE FRIES || £3.25 (V)

HOUSE FRIES WITH CAWS CRYF CHEESE & TRUFFLE OIL || £5.00
(V,D)

PEMBROKESHIRE POTATOES WITH GARLIC BUTTER & PARSLEY || £3.75
(V,D)

TOMATO, SAMPHIRE & FENNEL SALAD WITH SEAWEED AND LEMON DRESSING || £3.75
(V,SD)

BEER BRAISED CARROTS WITH THYME & PUMPKIN SEEDS || £3.75
(V,G,D)

|| Dessert

TONKA BEAN PANNA COTTA
PAPAYA AND LIME SALSA, MINT AND COCONUT
(V,S,N)

RICH CHOCOLATE TART
MARMALADE ICE CREAM, ORANGE AND VANILLA COMPOTE
(V,G,D,S,E)

SELECTION OF WELSH CHEESE || £6.00 SUPPLEMENT
PANT-YSGAWN GOAT'S CHEESE, CAWS CRYF CHEDDAR, PERL LAS AND PERL WEN,
SERVED WITH APPLE, MEAD AND HONEY CHUTNEY, GRAPES AND CELERY,
CAERPHILLY CHEESE AND LEEK CRACKERS
(V,G,D,C)

A discretionary 10% service charge will be added to your bill.

Please advise us of any food allergies. Whilst every care is taken, we cannot guarantee that our kitchens are an allergen free environment, nor can we guarantee the processes used by our ingredient manufacturers. (V) Vegetarian, (G) Contains gluten, (D) Contains dairy/milk, (N) Contains nuts, (P) Contains peanuts, (E) Contains egg, (F) Contains fish, (Cr) Contains crustaceans, (M) Contains molluscs, (S) Contains soya, (C) Contains celery, (Mu) Contains mustard, (Se) Contains sesame seeds, (SD) Contains sulphur dioxide, (L) Contains lupin.