

LUNCH
|| MENU ||

dulse

THE
WATERFRONT



MILFORD
HAVEN

TWO COURSES || £17.00 PER PERSON
THREE COURSES || £21.00 PER PERSON

|| To Nibble

OPTIONAL EXTRA COURSE, CHARGES APPLY

LOCAL ARTISAN BREAD || £5.25

SEAWEED BUTTER PEMBROKESHIRE SEA SALT
(V,G,E,D)

MARINATED OLIVES || £4.00

(V)

SMOKED MACKEREL PÂTÉ WITH BAKED FOCACCIA || £5.25

DULSE SWEET CHILLI SAUCE
(F,D,E,G,MU)

|| Starters

CHICKEN, LEEK AND SNOWDONIA CHEESE CROQUETTES

MATSON CURRY SAUCE, LLAETH Y LLAN YOGHURT
(G,S,D,E,SD)

HAM HOCK TERRINE

RED ONION AND ELDERPORT CHUTNEY, ONION BREAD
(G,D,SD,MU)

MARKET FISH AND LAVERBREAD FISHCAKE

CAPERS, DILL AND MALT VINEGAR MAYONNAISE
(F,CR,G,S,E,SD,MU)

QUINOA SALAD, BUTTERNUT SQUASH, EDAMAME BEANS

PICKLED WATERMELON, TOASTED SEEDS WITH SEAWEED AND LIME VINAIGRETTE
(V,S,SD)

|| Mains

MARKET FISH IN TENBY HARBWR BEER BATTER

TARRAGON TARTARE SAUCE, MUSHY PEAS AND LEMON, SERVED WITH CHIPS
(F,G,E,SD,MU,S)

LEMON AND THYME ROAST CHICKEN SUPREME

TRUFFLE MASH, LOCAL BEER BRAISED CARROT, CHICKEN JUS
(G,D,SD)

GRILLED SALMON

CRUSHED PEMBROKESHIRE POTATOES, KALE, SEAWEED AND LEMON DRESSING
(F,SD)

VEGAN SWEETCORN AND ASPARAGUS RISOTTO

SAMPHIRE, PEAS, TOMATO AND VEGAN CHEESE
(V)

PEMBROKESHIRE DRY AGED 80Z RUMP STEAK || £10.00 SUPPLEMENT

HOUSE CHIPS, GARLIC STEM BROCCOLI, WATERCRESS
(D)

|| Sides

HOUSE CHIPS || £3.50 (V)

HOUSE CHIPS WITH CAWS CRYF CHEESE & TRUFFLE OIL || £5.00
(V,D)

PEMBROKESHIRE POTATOES WITH GARLIC BUTTER & PARSLEY || £3.50
(V,D)

TOMATO, SAMPHIRE & FENNEL SALAD WITH SEAWEED
AND LEMON DRESSING || £4.25
(V)

BEER BRAISED CARROTS WITH THYME & PUMPKIN SEEDS || £3.85
(V,G,D)

PEPPERCORN SAUCE || £3.25 (D,SD)

MUSHROOM SAUCE || £3.25 (V,SD)

|| Dessert

RASPBERRY SORBET

RASPBERRY GEL, FRUIT COMPOTE

(V,S)

RICH CHOCOLATE TART

MARMALADE ICE CREAM, ORANGE AND VANILLA COMPOTE

(V,G,D,S,E)

STICKY TOFFEE PUDDING

BARTI SPICED RUM TOFFEE SAUCE, SALTED CARAMEL ICE CREAM

(V,G,D,S,E,SD)

SELECTION OF WELSH CHEESE || £6.00 SUPPLEMENT

PANT-YSGAWN GOAT'S CHEESE, CAWS CRYF CHEDDAR, PERL LAS AND PERL WEN, SERVED WITH APPLE, MEAD AND HONEY CHUTNEY, GRAPES AND CELERY, CAERPHILLY CHEESE AND LEEK CRACKERS

(V,G,D,C)

A discretionary 10% service charge will be added to your bill.

Please advise us of any food allergies. Whilst every care is taken, we cannot guarantee that our kitchens are an allergen free environment, nor can we guarantee the processes used by our ingredient manufacturers. (V) Vegetarian, (G) Contains gluten, (D) Contains dairy/milk, (N) Contains nuts, (P) Contains peanuts, (E) Contains egg, (F) Contains fish, (Cr) Contains crustaceans, (M) Contains molluscs, (S) Contains soya, (C) Contains celery, (Mu) Contains mustard, (Se) Contains sesame seeds, (SD) Contains sulphur dioxide, (L) Contains lupin.