

BAR  
|| MENU ||

# dulse

THE  
WATERFRONT



MILFORD  
HAVEN

## || Breakfast

AVAILABLE 6.30AM TO 10.30AM

## || Breakfast Rolls

**SWEETCURED BACON ON A TOASTED  
SOURDOUGH BUN || £4.85**

WITH SAUTÉED PEMBROKESHIRE POTATOES  
(G.S)

**GRILLED SAUSAGE ON A TOASTED  
SOURDOUGH BUN || £4.85**

WITH SAUTÉED PEMBROKESHIRE POTATOES  
(G.S)

**GLAMORGAN SAUSAGE ON A TOASTED  
SOURDOUGH BUN || £4.85**

WITH SAUTÉED PEMBROKESHIRE POTATOES  
(V.G.MU.D.E.S)

**ADD EGG (V.E), BACON OR SAUSAGE || £1.00 EACH**

## || Pastry Selection

**BAKED CROISSANT || £3.50**

WITH PRESERVES AND WELSH BUTTER  
(V.G.D.E)

**DANISH PASTRY AND COFFEE || £5.50**

WITH PRESERVES AND WELSH BUTTER  
(V.G.N.P.D.E)

## || Light Bites

AVAILABLE 12PM TO 5PM

## || Mains

**MARINATED OLIVES || £4.00** (V)

**WHITEBAIT || £5.50**

LAVERBREAD AND CHILLI MAYONNAISE (F,G,E)

**TOSTADA WITH SMOKED APPLEWOOD VEGAN CHEESE  
AND CHILLI JAM || £8.95**

SWEETCORN, CHERRY TOMATOES, BEETROOT, SPINACH AND SRIRACHA  
MAYONNAISE (V,G)

**PEMBROKESHIRE CRAB SOUP || £8.95**

CORNBREAD, SEAWEED BUTTER (G,D,E,SD,C,MU)

**TOSTADA WITH PEMBROKESHIRE CHILLI FARM  
SPICED CHICKEN || £9.50**

PEPPERS, CHERRY TOMATOES, PANT-Y-S-GAWN GOAT'S CHEESE, ROCKET  
AND BALSAMIC GLAZE (V,G,D,SD)

**QUINOA SALAD WITH BEETROOT, BUTTERNUT SQUASH  
AND KALE || £9.95**

PICKLED PEAR, CANDIED WALNUTS, SPINACH, SEAWEED AND LIME VINAIGRETTE  
(V,N,SD)

**TOSTADA WITH SMOKED SALMON, CREAM CHEESE  
AND PESTO || £10.50**

CHARRED COURGETTE, PICKLED RED ONIONS AND AVOCADO (F,G,D,SD)

**DULSE BEEF BURGER ON A SUGARLOAF BRIOCHE BUN || £12.50**

BURGER SAUCE, SWEET-CURED BACON, CAERPHILLY CHEESE,  
LETTUCE, PICKLES (G,D,E,MU)

## || Sides

HOUSE CHIPS || £3.50 (V)

HOUSE CHIPS WITH CAWS CRYF CHEESE & TRUFFLE OIL || £5.00 (V,D)

PEMBROKESHIRE CHILLI FARM SPICED SWEET

POTATO WEDGES || £5.00 (V,D)

## || Cake Selection

CHERRY AND WHITE CHOCOLATE BLONDIE || £3.85

(V,G,S,D,E)

VEGAN BLUEBERRY BAKEWELL TART SLICE || £3.85

(V,G,N)

VEGAN CHOCOLATE BROWNIE || £3.85

(V,S,G,D)

FRUIT SCONES WITH CLOTTED CREAM AND JAM || £5.50

(V,G,S,D)

BARA BRITH AND WELSH CAKES WITH CLOTTED  
CREAM || £6.25

(V,G,S,D)

## || Cheese Board

SELECTION OF WELSH CHEESE || £10.95

PANT-YS-GAWN GOAT'S CHEESE, CAWS CRYF CHEDDAR, PERL LAS  
AND PERL WEN, SERVED WITH APPLE, MEAD AND HONEY CHUTNEY,  
GRAPES AND CELERY, CAERPHILLY CHEESE AND LEEK CRACKERS (V,G,D,C)