

LUNCH
|| MENU ||

dulse

THE
WATERFRONT



MILFORD
HAVEN

TWO COURSES || £21.00 PER PERSON
THREE COURSES || £26.00 PER PERSON

|| To Nibble

OPTIONAL EXTRA COURSE, CHARGES APPLY

LOCAL ARTISAN BREAD || £5.50

SEAWEED BUTTER, PEMBROKESHIRE SEA SALT
(V,G,E,D)

MARINATED OLIVES || £4.00

(V)

|| Starters

PEMBROKESHIRE CHILLI FARM SPICED SQUID

LAVERBREAD AND CHILLI MAYONNAISE
(M,G,E)

WELSH PORK AND MUSTARD RILLETTE

CRACKLING, PICCALILLI AND WATERCRESS
(G,SD,MU)

PEMBROKESHIRE CRAB SOUP

CORNBREAD, SEAWEED BUTTER
(F,CR,G,D,E,SD,C)

QUINOA SALAD WITH BEETROOT, BUTTERNUT SQUASH AND KALE

PICKLED PEAR, CANDIED WALNUTS, SPINACH, SEAWEED AND LIME VINAIGRETTE
(V,N,SD)

|| Mains

MARKET FISH IN TENBY HARBWR BEER BATTER

DULSE TARTARE SAUCE, MUSHY PEAS AND LEMON, SERVED WITH CHIPS
(F,G,E,SD)

GARLIC AND HERB CRUSTED COD CHEEKS

SAUTÉED POTATOES, CAVOLO NERO, SARDINE RAGU
(F,G,S,D,SD,C)

CHICKEN SUPREME WITH CURRIED LENTILS

PUMPKIN, BURNT ONION MASH, ROSEMARY JUS
(G,D,MU,C)

CHARRED CORN, PEARL BARLEY AND PUMPKIN BROTH

MISO GLAZED ROOT VEGETABLES, KALE
(V,G,S,SD,C)

PEMBROKESHIRE DRY AGED 80Z RUMP STEAK || £10.00 SUPPLEMENT

STEM BROCCOLI, ROAST ONION AND CHIPS
(D)

|| Sides

HOUSE CHIPS || £3.50 (V)

HOUSE CHIPS WITH CAWS CRYF CHEESE & TRUFFLE OIL || £5.00 (V,D)

PEMBROKESHIRE CHILLI FARM SPICED SWEET POTATO WEDGES || £5.00 (V,D)

HOOK FARM CAULIFLOWER CHEESE TOPPED WITH WELSH RAREBIT || £5.00 (V,G,D,E,SD,MU)

PEPPERCORN SAUCE || £3.25 (D,SD)

WILD MUSHROOM AND TRUFFLE SAUCE || £3.25 (D,SD)

|| Dessert

STICKY TOFFEE PUDDING

BARTI SPICED RUM TOFFEE SAUCE, SALTED CARAMEL ICE CREAM
(V,G,D,S,E,SD)

CHOCOLATE CRÉMEUX

BANANA ICE CREAM, CRÈME FRAICHE, HONEYCOMB
(D,E,S)

TONKA BEAN PANNA COTTA

GOWER CIDER POACHED PEAR, PEAR SORBET
(V,S)

SELECTION OF WELSH CHEESE || £6.00 SUPPLEMENT

PANT-Y-S-GAWN GOAT'S CHEESE, CAWS CRYF CHEDDAR, PERL LAS AND PERL WEN, SERVED WITH APPLE, MEAD AND HONEY CHUTNEY, GRAPES AND CELERY, CAERPHILLY CHEESE AND LEEK CRACKERS
(V,G,D,C,SD)

A discretionary 10% service charge will be added to your bill.

Please advise us of any food allergies. Whilst every care is taken, we cannot guarantee that our kitchens are an allergen free environment, nor can we guarantee the processes used by our ingredient manufacturers.

(V) Vegetarian, (G) Contains gluten, (D) Contains dairy/milk, (N) Contains nuts, (P) Contains peanuts, (E) Contains egg, (F) Contains fish, (Cr) Contains crustaceans, (M) Contains molluscs, (S) Contains soya, (C) Contains celery, (Mu) Contains mustard, (Se) Contains sesame seeds, (SD) Contains sulphur dioxide, (L) Contains lupin.