## SUNDAY LUNCH ∥ MENU ∥



THE | MILFORD HAVEN

TWO COURSES | £24.00 PER PERSON THREE COURSES | £28.00 PER PERSON

# | To Nibble

OPTIONAL EXTRA COURSE, CHARGES APPLY

### LOCAL ARTISAN BREAD | £5.50

SEAWEED BUTTER PEMBROKESHIRE SEA SALT (V.G.E.D)

#### MARINATED OLIVES | £4.00

(V)

## | Starters

#### WHITEBAIT

LAVERBREAD AND CHILLI MAYONNAISE (F.G.E)

## **CURRIED BUTTERNUT SQUASH SOUP**

CHARRED CORN CORIANDER FRITTER, LLAETH Y LLAN YOGHURT (V.G.D.N)

# NORTON FARM POTATO, CHORIZO AND TREALY FARM BLACK PUDDING SALAD

**GEM LETTUCE, POACHED EGG, SHERRY CARAMEL** (G.D.E.SD)

# QUINOA SALAD WITH BEETROOT, BUTTERNUT SQUASH AND KALE

 $\begin{array}{l} \textbf{PICKLED PEAR, CANDIED WALNUTS, SPINACH, SEAWEED AND LIME VINAIGRETTE} \\ \textbf{(V,N,SD)} \end{array}$ 

# || Mains

#### SLOW ROASTED CELTIC PRIDE TOPSIDE OF BEEF

YORKSHIRE PUDDING, PARSNIP, CARROTS, POTATOES, CRUSHED SWEDE, MEAT JUICE GRAVY

(G.D.E.S.SD)

#### ROASTED PORK LOIN

APPLE, RED CABBAGE, PARSNIP, CARROTS, POTATOES, CRUSHED SWEDE, MEAT JUICE GRAVY

(SD.D)

### **DULSE SEAFOOD CAWL**

MARKET FISH COOKED IN A TOMATO AND FENNEL STEW, CORNBREAD, GARLIC AIOLI (F.CR.M.G.E.SD.C)

## **GLAMORGAN SAUSAGE CROQUETTES**

BRAISED RED CABBAGE, PARSNIP, CARROTS, POTATOES, CRUSHED SWEDE (V.G.D.E.S.D.S.)

## || Dessert

#### STICKY TOFFEE PUDDING

BARTI SPICED RUM TOFFEE SAUCE, SALTED CARAMEL ICE CREAM

(V.G.D.S.E.SD)

#### CHOCOLATE BROWNIE

MARZIPAN ICE CREAM, MULLED CHERRIES, MANDARIN GEL

(V.G.N.S.D.E.SD)

#### TONKA BEAN PANNA COTTA

GOWER CIDER POACHED PEAR, PEAR SORBET, BLACKBERRIES

(V.S)

#### SELECTION OF WELSH CHEESE | £5.00 SUPPLEMENT

PANT-YS-GAWN GOAT'S CHEESE, CAWS CRYF CHEDDAR, PERL LAS AND PERL WEN, SERVED WITH APPLE, MEAD AND HONEY CHUTNEY, GRAPES AND CELERY, CAERPHILLY CHEESE AND LEEK CRACKERS

(V.G.D.C.SD)

A discretionary 10% service charge will be added to your bill. Please advise us of any food allergies. Whilst every care is taken, we cannot guarantee that our kitchens are an allergen free environment, nor can we guarantee the processes used by our ingredient manufacturers. (V) Vegetarian, (G) Contains gluten, (D) Contains dairy/milk, (N) Contains nuts, (P) Contains peanuts, (E) Contains egg, (F) Contains fish, (Cr) Contains crustaceans, (M) Contains molluscs, (S) Contains soya,  $(C) \ Contains \ celery, (Mu) \ Contains \ mustard, (Se) \ Contains \ sesame \ seeds, (SD) \ Contains \ sulphur \ dioxide, (SD) \ Contains \ dioxide, (SD) \ Co$ (L) Contains lupin.