

LUNCH
|| MENU ||

dulse

THE
WATERFRONT || MILFORD
HAVEN

TWO COURSES || £21.00 PER PERSON
THREE COURSES || £26.00 PER PERSON

|| To Nibble

OPTIONAL EXTRA COURSE, CHARGES APPLY

ARTISAN BREAD || £5.00

SEAWEED BUTTER PEMBROKESHIRE SEA SALT
(V,G,E,D)

MARINATED OLIVES || £4.00

(V)

|| Starters

LEMON, CHICKPEA AND TOMATO QUINOA SALAD

CUCUMBER, PARSLEY, HARISSA MAYONNAISE, ROCKET
(V,SD,S)

CRISPY WHITEBAIT

GINGER VINEGAR DIPPING SAUCE
(F,G,S,SD,SE)

CAESAR SALAD

CAESAR DRESSING, ANCHOVIES, CROUTONS, GRAN LEVANTE CHEESE
(G,D,F,SD,MU)

MAPLE GLAZED WELSH PORK BELLY

PICCALILLI, RED CABBAGE, APPLE, CRACKLING
(MU,SD,G)

SUMMER PEA HOUMOUS

WELSH FETA CHEESE, TOASTED SEEDS, FOCACCIA
(V,G,D,SE)

|| Mains

NORTON FARM POTATO AND TARRAGON GNOCCHI

ROASTED PEPPERS, COURGETTES AND FENNEL, TOMATO AND CHILLI RAGU

(V,C,SD)

MARKET FISH IN TENBY HARBWR BEER BATTER

DULSE TARTARE SAUCE, MUSHY PEAS AND LEMON, SERVED WITH CHIPS

(F,G,E,SD,MU,S)

DULSE PRAWN LAKSA

PRAWNS COOKED IN A COCONUT, LEMONGRASS, GINGER AND TURMERIC BROTH WITH EGG NOODLES

(CR,F,G,N,E,SD,C)

LEMON AND THYME MARINATED CHICKEN

CHORIZO CREAMED CORN, CRUSHED POTATOES, CARROT RELISH

(C,SD,D,G)

6OZ RUMP STEAK WITH GARLIC BUTTER AND LEMON

WATERCRESS AND PICKLED RED ONION SALAD, SERVED WITH FRIES

(D,SD)

|| Sides

CHIPS || £3.50 (V)

HOUSE FRIES || £4.00

NORI SALT AND SRIRACHA MAYONNAISE, ONION SEEDS

(V,D)

PANZANELLA SALAD || £5.00

TOMATOES, CORN BREAD, SEAWEED AND BASIL DRESSING

(V,SD,G)

SPRING GREENS, CABBAGE, PEAS AND LEEKS || £5.00

WITH MINT AND GARLIC BUTTER

(D)

PEPPERCORN SAUCE || £3.25 (D,SD)

WILD MUSHROOM AND TRUFFLE SAUCE || £3.25 (D,SD)

|| Dessert

STICKY TOFFEE PUDDING

BARTI SPICED RUM TOFFEE SAUCE, SALTED CARAMEL ICE CREAM

(V,G,D,S,E,SD)

PEMBROKESHIRE SEA SALT AND CARAMEL CHOCOLATE BROWNIE

RASPBERRY JAM ICE CREAM

(V,G,D,E,S)

LEMON AND GINGER PANNA COTTA

BLACKBERRY SORBET, COCONUT GRANOLA

(V,N,SD)

SELECTION OF WELSH CHEESE || £6.00 SUPPLEMENT

PANT-Y-S-GAWN GOAT'S CHEESE, CAWS CRYF CHEDDAR, PERL LAS
AND PERL WEN, SERVED WITH APPLE, MEAD AND HONEY CHUTNEY,
GRAPES AND CELERY, CAERPHILLY CHEESE AND LEEK CRACKERS

(V,G,D,C,SD)

A discretionary 10% service charge will be added to your bill.

Please advise us of any food allergies. Whilst every care is taken, we cannot guarantee that our kitchens are an allergen free environment, nor can we guarantee the processes used by our ingredient manufacturers.

(V) Vegetarian, (G) Contains gluten, (D) Contains dairy/milk, (N) Contains nuts, (P) Contains peanuts, (E) Contains egg, (F) Contains fish, (Cr) Contains crustaceans, (M) Contains molluscs, (S) Contains soya, (C) Contains celery, (Mu) Contains mustard, (Se) Contains sesame seeds, (SD) Contains sulphur dioxide, (L) Contains lupin.