



BAR
|| MENU ||

BREAKFAST

AVAILABLE 6.30AM TO 10.30AM

|| Breakfast Rolls

SWEETCURED BACON ON A TOASTED

SOURDOUGH BUN || £5.50

WITH SAUTÉED PEMBROKESHIRE POTATOES

(G.S)

GRILLED SAUSAGE ON A TOASTED

SOURDOUGH BUN || £5.50

WITH SAUTÉED PEMBROKESHIRE POTATOES

(G.S)

GLAMORGAN SAUSAGE ON A TOASTED

SOURDOUGH BUN || £5.50

WITH SAUTÉED PEMBROKESHIRE POTATOES

(V.G,MU,D,E,S)

ADD EGG (V,E), BACON OR SAUSAGE || £1.00 EACH

|| Pastry Selection

BAKED CROISSANT || £3.50

WITH PRESERVES AND WELSH BUTTER

(V,G,D,E)

DANISH PASTRY AND COFFEE || £5.50

WITH PRESERVES AND WELSH BUTTER

(V,G,N,P,D,E)

LIGHT BITES

AVAILABLE 12PM TO 6PM

|| Sandwiches & Salads

ROAST CHICKEN, LEMON AND TARRAGON SANDWICH || £8.50

ON BLOOMER BREAD, PEMBROKESHIRE POTATO SALAD, ROCKET

(G,S,SD)

**SNOWDONIA CHEDDAR CHEESE SANDWICH
WITH TOMATO AND BEER CHUTNEY || £8.50**

ON BLOOMER BREAD, PEMBROKESHIRE POTATO SALAD, ROCKET

(V,G,D,SD,S)

**ROAST HAM SANDWICH WITH PICCALILLI
MAYONNAISE || £8.95**

ON BLOOMER BREAD, PEMBROKESHIRE POTATO SALAD, ROCKET

(G,S,SD,MU)

LEMON, CHICKPEA AND TOMATO QUINOA SALAD || £8.95

CUCUMBER, PARSLEY, HARISSA MAYONNAISE, ROCKET

(V,SD,S)

CAESAR SALAD || £10.50

CAESAR DRESSING, ANCHOVIES, CROUTONS, GRAN LEVANTE CHEESE

(G,D,F,SD,MU)

LIGHT BITES

AVAILABLE 12PM TO 6PM

|| Mains

SUMMER PEA HOUMOUS || £6.00

WELSH FETA, TOASTED SEEDS, CORN BREAD (V,G,D,SE)

CRISPY WHITEBAIT || £7.00

GINGER VINEGAR DIPPING SAUCE (F,G,S,SD,SE)

**SMOKED HADDOCK, SWEETCORN, CHORIZO
AND COCKLE CHOWDER || £9.00**

CHARRED CORNBREAD, SEAWEED BUTTER (F,M,G,D,SD,C)

**SMOKED PIT BEANS COOKED WITH PAPRIKA
AND BBQ SAUCE || £13.50**

CHARRED TORTILLA WRAPS, PICKLED RED CABBAGE,
SRIRACHA MAYONNAISE (V,SD,G,MU)

**PEMBROKESHIRE CHILLI FARM SPICED PULLED
PLANT-BASED BURGER || £14.00**

ON A SOURDOUGH BUN, BBQ SAUCE, PICKLES, CHUNKY CHIPS
(V,G,S,SD)

**PEMBROKESHIRE CHILLI FARM SPICED PULLED
PORK BURGER || £16.00**

ON A BRIOCHE BUN, BBQ SAUCE, PICKLES, CHUNKY CHIPS (G,S,D,E,SD)

DULSE DELI BOARD || £20.00

CURED MEATS, CARMARTHENSHIRE SMOKED CHICKEN, MARINATED OLIVES,
WELSH GOAT'S CHEESE WITH CHILLI JAM, ARTISAN BREAD, BALSAMIC
VINEGAR AND PEMBROKESHIRE RAPESEED OIL (SD,D,G)

LIGHT BITES

AVAILABLE 12PM TO 6PM

|| Sides

CHIPS || £3.50 (V)

HOUSE FRIES || £4.00

NORI SALT AND SRIRACHA MAYONNAISE, ONION SEEDS

(V,D)

PANZANELLA SALAD || £5.00

TOMATOES, CORN BREAD, SEAWEED AND BASIL DRESSING

(V,SD,G)

|| Cake Selection

MUFFIN OF THE DAY || £3.50

(G,D,E,S,SD,N)

CAKE OF THE DAY || £3.75

(G,D,E,S,SD,N)

**BARA BRITH AND WELSH CAKES WITH
CLOTTED CREAM || £6.25**

(V,S,G,D)

FRUIT SCONES WITH CLOTTED CREAM AND JAM || £6.00

(V,G,S,D)

|| Dulce Cream Tea

**FRUIT SCONE, BARA BRITH, CHERRY & WHITE CHOCOLATE
BLONDIE AND WELSH CAKES || £15.00 PER PERSON**

SERVED WITH CLOTTED CREAM AND STRAWBERRY JAM (V,G,S,D,E)

ACCOMPANIED BY YOUR CHOICE OF WELSH BREW TEA
OR AMERICANO COFFEE

EVENING MENU

6PM – 9PM, MONDAY TO THURSDAY

|| Mains

TENBY HARBWR BEER AND THYME

BRAISED BEEF PIE || £18.00

CHUNKY CHIPS, BUTTERED CABBAGE, LEEKS, AND PEAS

(G,D,E,SD,C)

PENNE PASTA WITH WILD MUSHROOM, KALE

AND TARRAGON || £16.00

STEM BROCCOLI, TOASTED CORN BREAD

(V,G,D,E,SD)

MARKET FISH IN TENBY HARBWR BEER BATTER || £17.00

DULSE TARTARE SAUCE, MUSHY PEAS AND LEMON, SERVED WITH CHIPS

(F,G,E,SD,MU,S)

PEMBROKESHIRE CHILLI FARM SPICED BBQ

PULLED PORK BURGER || £16.00

SRIRACHA MAYONNAISE, PICKLES, CHUNKY CHIPS

(G,S,D,E,SD)

THAI RED PRAWN CURRY || £19.00

BASMATI RICE, BABY CORN AND PAK CHOI, COCONUT AND LIME

(CR,N)

TANDOORI SPICED CHICKEN || £17.00

BASMATI RICE, CURRY SAUCE, NAAN BREAD

(G,D)

EVENING MENU

6PM – 9PM, MONDAY TO THURSDAY

|| Desserts

STICKY TOFFEE PUDDING || £7.50

BARTI SPICED RUM TOFFEE SAUCE, SALTED CARAMEL ICE CREAM

(V,G,D,S,E,SD)

PEMBROKESHIRE SEA SALT AND CARAMEL CHOCOLATE BROWNIE || £8.50

PEANUT BUTTER MOUSSE, RASPBERRY JAM ICE CREAM

(V,G,D,E,S,P)

SELECTION OF WELSH CHEESE || £10.95

**PANT-Y-S-GAWN GOAT'S CHEESE, CAWS CRYF CHEDDAR, PERL LAS AND
PERL WEN, SERVED WITH APPLE, MEAD AND HONEY CHUTNEY, GRAPES AND
CELERY, CAERPHILLY CHEESE AND LEEK CRACKERS**

(V,G,D,C,SD)

A discretionary 10% service charge will be added to your bill.

Please advise us of any food allergies. Whilst every care is taken, we cannot guarantee that our kitchens are an allergen free environment, nor can we guarantee the processes used by our ingredient manufacturers.

(V) Vegetarian, (G) Contains gluten, (D) Contains dairy/milk, (N) Contains nuts, (P) Contains peanuts, (E) Contains egg, (F) Contains fish, (Cr) Contains crustaceans, (M) Contains molluscs, (S) Contains soya, (C) Contains celery, (Mu) Contains mustard, (Se) Contains sesame seeds, (SD) Contains sulphur dioxide, (L) Contains lupin.



|| DRINKS ||
MENU

|| Gin (25ML)

BOMBAY SAPPHIRE 40.0% || £5.45

BOTANIST ISLAY DRY 46.0% || £5.45

CHASE PINK GRAPEFRUIT AND POMELO 40.0% || £5.45

GORDON'S LONDON DRY 40.0% || £4.95

GORDON'S PINK GIN 37.5% || £4.95

HENDRICK'S 41.4% || £5.45

PEMBROKESHIRE GIN, NAVY STRENGTH 57.0% || £6.95

PEMBROKESHIRE GIN, ROSEMARY AND CITRUS 40.0% || £5.95

PEMBROKESHIRE GIN, WELSH CAKE 40.0% || £5.95

PEMBROKESHIRE PINKY GIN 38.0% || £5.45

TANQUERAY 47.3% || £5.45

TANQUERAY ROYALE 41.3% || £5.45

TANQUERAY SEVILLA 41.3% || £5.45

TANQUERAY 0 (NO ALCOHOL) 00.0% || £3.80

|| Mixers (200ML)

BRITVIC BITTER LEMON || £2.65

BRITVIC GINGER ALE || £2.65

BRITVIC GINGER BEER || £2.65

BRITVIC TOMATO JUICE || £2.75

BRITVIC TONIC/SLIMLINE TONIC WATER || £2.45

LONDON ESSENCE TONIC || £2.45

LONDON ESSENCE FLAVOURED TONIC || £2.90

|| Whisky (25ML)

BULLEIT BOURBON (G) 45.0% | **£5.95**

DALWHINNIE (G) 43.0% || **£7.95**

GLENFIDDICH, 12 YEARS (G) 40.0% || **£7.25**

JACK DANIEL'S (G) 40.0% || **£5.45**

JAMESON (G) 40.0% || **£5.95**

JOHNNIE WALKER BLACK LABEL (G) 40.0% || **£7.45**

JOHNNIE WALKER RED LABEL (G) 40.0% || **£4.95**

LAPHROAIG 10YR (G) 40.0% || **£7.45**

PENDERYN DISTILLERY, BRECON (G) 46.0% || **£7.45**

WOODFORD RESERVE (G) 43.2% || **£6.45**

|| Rum (25ML)

BARTI 35.0% || **£5.45**

CALEÑO LIGHT & ZESTY (NO ALCOHOL) 0.5% || **£4.60**

CAPTAIN MORGAN DARK 40.0% || **£4.95**

CAPTAIN MORGAN SPICED 35.0% || **£4.95**

CAPTAIN MORGAN WHITE 37.5% || **£4.95**

DEVIL'S BRIDGE SPICED 42.0% || **£4.95**

|| Vodka (25ML)

BRECON VODKA 43.0% || **£5.95**

CIROC 40.0% || **£5.95**

GREY GOOSE 40.0% || **£6.45**

KETEL ONE 40.0% || **£5.45**

KETEL ONE CITROEN 40.0% || **£5.45**

SMIRNOFF RED 37.5% || **£4.95**

SMIRNOFF VANILLA 37.5% || **£4.95**

|| Vermouth (50ML)

MARTINI BIANCO 15.0% || **£5.00**

MARTINI EXTRA DRY 15.0% || **£5.00**

MARTINI ROSSO (SWEET) 15.0% || **£5.00**

|| Port (50ML)

GRAHAM'S FINE WHITE 19.0% || **£6.20**

GRAHAM'S SIX GRAPES RUBY 20.0% || **£5.45**

|| Cognac (25ML)

REMY MARTIN VSOP 40.0% || **£6.20**

REMY MARTIN XO 40.0% || **£19.00**

|| Liqueurs (25ML)

APEROL 11.0% || **£4.55**

ARCHER'S PEACH 18.0% || **£4.95**

COINTREAU 40.0% || **£5.45**

CHAMBORD 16.5% || **£4.95**

DISARONNO AMARETTO 28.0% || **£5.45**

DRAMBUIE 40.0% || **£5.95**

GRAND MARNIER 40.0% || **£5.95**

KAHLUA (D) 16.0% || **£5.45**

LIMONCELLO 27.0% || **£5.45**

MALIBU 21.0% || **£5.45**

SAMBUCA 38.0% || **£5.45**

SOUTHERN COMFORT 35.0% || **£5.95**

TIA MARIA 20.0% || **£5.95**

(50ML)

BAILEY'S (D) 17.0% || **£7.95**

MERLYN CREAM LIQUEUR (D) 17.0% || **£7.95**

|| Aperitif (50ML)

APEROL SPRITZ 21.0% || **£11.50**

PIMM'S & LEMONADE 14.8% || **£11.50**

|| Draught Beer and Cider

	1/2 PINT	PINT
AMSTEL KEG (G) 4.1%	£2.75	£5.45
BIRRA MORETTI (G) 4.6%	£3.10	£6.15
BRIXTON PALE ALE (G) 4.2%	£3.00	£5.80
FELINFOEL ESB (G) 4.6%	£3.00	£5.95
GUINNESS DRAUGHT (G) 4.2%	£3.10	£6.00
HEINEKEN KEG (G) 5.0%	£3.00	£5.95
INCH'S KEG 4.5%	£2.90	£5.75

|| Bottled Beer and Cider

BUDWEISER (G) (330ML) 5.0% £4.95
BULMERS ORIGINAL (500ML) 4.5% £5.95
BULMERS RED BERRY (500ML) 4.0% £5.95
CORONA (G) (330ML) 4.6% £4.95
GLAMORGAN BREWING CO. APPLE 4.8% £5.45
GLAMORGAN BREWING CO. BERRIES 4.0% £5.45
HEINEKEN ZERO ALCOHOL (G) 0.5% (330ML) £3.90
PERONI NASTRO GLUTEN FREE (330ML) 5.0% £5.20

|| Soft Drinks

COCA-COLA (330ML) || **BOTTLE 3.50**

DIET COKE (330ML) || **BOTTLE £3.40**

J20 (275ML) || **BOTTLE £3.60**

APPLETISER (275ML) || **BOTTLE £3.50**

	GLASS	PINT
FRUIT JUICE	£2.90	£4.45
CORDIAL AND WATER	£1.25	£1.95
CORDIAL AND SODA	£1.50	£2.50
PEPSI	£2.90	£4.45
PEPSI MAX	£2.80	£4.35
LEMONADE	£2.90	£4.45
DASH	£1.00	

|| Mineral Water

	330ML	750ML
STILL	£2.80	£5.00
SPARKLING	£2.80	£5.00

|| Wine

CHAMPAGNE AND SPARKLING (SD)

BOTTEGA 0% ALCOHOL SPARKLING, ITALY	£17.55
PROSECCO SPUMANTE D DOC BORGIO, ITALY	£36.50
HEIDSIECK MONOPOLE SILVER LABEL N.V.	£66.00
HEIDSIECK MONOPOLE BRUT ROSE	£71.00
POMMERY BRUT	£75.00
LAURENT-PERRIER BRUT ROSÉ N.V.	£110.00

WHITE (SD)

CHARDONNAY RESERVA, PICO ALTO, VALLE CENTRAL CHILE	£26.50
SAUVIGNON BLANC, PICO ALTO, VALLE CENTRAL, CHILE	£26.50
PINOT GRIGIO IGT, VILLA ALBINI, TERRE SICILIANE, VENETO, ITALY	£30.50
MARQUES DE CACERES EXCELLENS BLANCO RIOJA	£37.00
SAUVIGNON BLANC MARLBOROUGH, ALLAN SCOTT, NEW ZEALAND	£41.50
CHABLIS DOMAINE DE LA PAULIERE, JEAN DURUP	£49.00

Wine

RED (SD)

CABERNET SAUVIGNON, PICO ALTO, VALLE CENTRAL, CHILE	£26.50
MERLOT, PICO ALTO, VALLE CENTRAL, CHILE	£26.50
MALBEC, PRIVADA BODEGA, ARGENTINA	£30.50
SHIRAZ, MILTON PARK, AUSTRALIA	£35.00
RIOJA, EXCELLENS CUVÉE ESPECIAL, SPAIN	£36.50
LUNAKA RESERVA PINOT NOIR, CHILE	£33.50
AUFRANC, FLEURIE PHILIPPE, FRANCE	£46.00

ROSÉ (SD)

PICO ALTO ROÉE RESERVA, VALLE CENTRAL, CHILE	£26.50
PARADISE POINT ZINFANDEL ROSÉ 2019, USA	£36.50
CHEMIN DE PROVENCE ROSÉ, COTEAUX D'AIX, FRANCE	£45.00

|| Wine by the Glass

SPARKLING (SD)	125ML		
BOTTEGA 0% ALCOHOL SPARKLING, ITALY	£6.95		
PROSECCO SPUMANTE DOC BORGIO, ITALY	£8.00		
WHITE (SD)	125ML	175ML	250ML
CHARDONNAY RESERVA, PICO ALTO, VALLE CENTRAL, CHILE	£6.00	£8.00	£11.00
SAUVIGNON BLANC, PICO ALTO, VALLE CENTRAL, CHILE	£6.00	£8.00	£11.00
PINOT GRIGIO IGT, VILLA ALBINI, TERRE SICILIANE, ITALY	£6.00	£9.00	£12.00
ROSÉ (SD)	125ML	175ML	250ML
PICO ALTO, ROSÉ RESERVA, VALLEY CENTRAL, CHILE	£6.00	£8.00	£11.00
PARADISE POINT ZINFANDEL ROSÉ	£7.00	£10.00	£12.50
RED (SD)	125ML	175ML	250ML
CABERNET SAUVIGNON, PICO ALTO, VALLE CENTRAL, CHILE	£6.00	£8.00	£11.00
MERLOT, PICO ALTO, VALLE CENTRAL, CHILE	£6.00	£8.00	£11.00
MALBEC, PRIVADA BODEGA, ARGENTINA	£7.00	£9.00	£12.00

|| Spritzer

	175ML	
PICO ALTO CHARDONNAY RESERVA, VALLE CENTRAL, CHILE	£9.00	
PICO ALTO ROSE RESERVA, VALLE CENTRAL, CHILE	£9.00	
PICO ALTO SAUVIGNON BLANC, VALLE CENTRAL, CHILE	£9.00	

|| Hot Beverages

CAPPUCCINO || £4.35

FLAT WHITE || £4.45

LATTE || £4.35

MOCHA || £4.45

MACCHIATO || £3.45

SINGLE ESPRESSO || £3.45

DOUBLE ESPRESSO || £3.85

AMERICANO || £3.95

TEA || £3.45

HOT CHOCOLATE || £4.45

SYRUP || £1.00

|| Liqueur Coffees

CALYPSO TIA MARIA || £8.95

CELTIC MERLYN WELSH CREAM LIQUEUR || £8.95

FRENCH REMY MARTIN VSOP || £8.95

GAELIC DRAMBUIE || £8.95

IRISH JAMESON WHISKY || £8.95

ITALIAN AMARETTO || £8.95

WELSH PENDERYN WELSH WHISKY || £8.95

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