

LUNCH
|| MENU ||

dulse

THE WATERFRONT || MILFORD HAVEN

TWO COURSES || £24.00 PER PERSON
THREE COURSES || £30.00 PER PERSON

|| To Nibble

OPTIONAL EXTRA COURSE, CHARGES APPLY

FARM COTTAGE BAKERY ARTISAN BREAD || £5.50

SEAWEED BUTTER, PEMBROKESHIRE SEA SALT (W,D)

MARINATED OLIVES || £4.00

(V)

|| Starters

HAM HOCK, CHICKEN AND PISTACHIO TERRINE

TRUFFLE EMULSION, SUMMER PEAS, SAMPHIRE AND PARSLEY, TOASTED BRIOCHE

(P,S,W,D,E,SD,MU)

AVOCADO, TOMATO AND APPLEWOOD CHEESE BRUSCHETTA

SOURDOUGH, CHILI, CAPER AND LEMON DRESSING, BALSAMIC GEL

(V,W,SD,MU)

DULSE SEAFOOD CHOWDER || £2.00 SUPPLEMENT

SWEETCORN, CHORIZO AND PEMBROKESHIRE POTATOES, CHARRED

SOURDOUGH, SEAWEED BUTTER

(W,F,M,SD,C)

MUSHROOM AND TARRAGON TAGLIATELLE

TEMPURA OYSTER MUSHROOMS, TRUFFLE DRESSING, KALE

(V,W,S,SD,E,D)

|| Mains

ROAST CHICKEN SUPREME

CRISPY HASH BROWN, PEAS, ASPARAGUS, LETTUCE AND TARRAGON VELOUTÉ
(B,D,E)

MARKET FISH IN TENBY HARBWR BEER BATTER

DULSE TARTARE SAUCE, PEA PURÉE AND LEMON, SERVED WITH CHIPS
(F,W,B,SD)

POTATO GNOCCHI WITH SMOKED RED PEPPER AND BASIL

STEWED PEPPERS, BALSAMIC TOMATO, ASPARAGUS, RED PEPPER JAM
(V,W,D,E,SD)

DRY AGED SIRLOIN STEAK 8OZ || £10.00 SUPPLEMENT

STEM BROCCOLI, CHARRED ONION, SERVED WITH CHIPS
(D)

ROASTED SALMON || £5.00 SUPPLEMENT

MUSSELS, LEEKS, BACON AND PEMBROKESHIRE CIDER SAUCE, SEAWEED
BUTTERED POTATOES, BUTTERNUT SQUASH PURÉE
(F,M,D,MU,C)

DULSE SEAFOOD LAKSA || £3.00 SUPPLEMENT

PRAWNS, SALMON AND SKATE WING COOKED IN A COCONUT, LEMONGRASS,
GINGER AND TURMERIC BROTH WITH EGG NOODLES
(F,CR,W,E,SD,C,M)

|| Sides

FINE BEANS WITH MUSTARD DRESSING AND HAZELNUTS (V,H,SD,MU) || £5.50

HAND-CUT CHIPS (V) || £5.00

CAESAR SALAD (R,W,F,S,D,SD,MU) || £5.00

PEMBROKESHIRE POTATOES WITH SEAWEED BUTTER (V,D) || £4.50

PEPPERCORN SAUCE (D,SD) || £4.00

MUSHROOM AND TRUFFLE SAUCE (D,SD) || £4.00

|| Dessert

PASSION FRUIT AND WHITE CHOCOLATE CHEESECAKE

ELDERFLOWER AND GINGER SYRUP, COCONUT ICE CREAM

(V,W,S,D,E,SD)

STICKY TOFFEE PUDDING

BARTI SPICED RUM TOFFEE SAUCE, SALTED CARAMEL ICE CREAM

(V,W,S,D,E,SD)

ETON MESS

TONKA BEAN PANNA COTTA, MERINGUE, PEACH SORBET,
PISTACHIOS, RASPBERRIES

(V,PS,S)

SELECTION OF WELSH CHEESE || £5.00 SUPPLEMENT

PANT-Y-S-GAWN GOAT'S CHEESE, SNOWDONIA CHEDDAR, PERL LAS
AND PERL WEN, WITH TOMATO CHUTNEY, GRAPES, CELERY, CAERPHILLY
CHEESE AND LEEK CRACKERS

(V,W,D,C)

A discretionary 10% service charge will be added to your bill.

Please advise us of any food allergies. Whilst every care is taken, we cannot guarantee that our kitchens are an allergen free environment, nor can we guarantee the processes used by our ingredient manufacturers.

Gluten Allergy: (B) Barley, (O) Oats, (R) Rye, (SP) Spelt, (W) Wheat

Nut (Tree Nut) Allergy: (A) Almonds, (BN) Brazil nuts, (CN) Cashew nuts, (H) Hazelnuts, (PS) Pistachios, (PN) Pecan nuts, (WN) Walnuts

Other Allergy: (C) Celery, (CR) Crustaceans, (D) Dairy/milk, (E) Eggs, (F) Fish, (L) Lupin, (M) Molluscs, (MU) Mustard, (P) Peanuts, (SE) Sesame seeds, (S) Soya, (SD) Sulphur dioxide

Lifestyle: 🌿 Plant-based, (V) Vegetarian