

LUNCH
|| MENU ||

dulse

THE
WATERFRONT



MILFORD
HAVEN

|| To Nibble

FARM COTTAGE BAKERY ARTISAN BREAD || £6.00

SEAWEED BUTTER, SEA SALT

(W,D)

SEAWEED, LEMON & GARLIC MARINATED OLIVES || £4.00

(V)

|| Starters

CAULIFLOWER WINGS || £9.00

CHIP SHOP CURRY MAYONNAISE

(V,W,B,C)

PEMBROKESHIRE CIDER & PARSNIP SOUP || £9.00

SAGE, GOAT'S CHEESE CROUTE

(V,W,D,SD)

WILD MUSHROOM PARFAIT || £9.50

PORT, SOURDOUGH, CARAMELISED ONION

(V,R,SP,W,SD)

CHICKEN & BLACK PUDDING HASH || £10.00

POACHED EGG, MUSTARD VELOUTÉ

(MU,W,B,D,E,SD)

DULSE SEAFOOD & CHORIZO CHOWDER || £10.50

ARTISAN SOURDOUGH, SEAWEED BUTTER

(R,W,F,CR,M,S,D,SD,C)

TANDOORI SPICED PRAWNS || £12.00

CURRIED POTATO, CUCUMBER, FLATBREAD, MINT AND YOGHURT

(W,CR,D,SD)

|| Mains

DRY AGED WELSH SIRLOIN STEAK 8OZ || £32.00

CHARRED ONION, STEM BROCCOLI, CHIPS

(D,W)

TENBY HARBWR BEER BATTERED HADDOCK || £22.00

PEA AND MINT PURÉE, TARTARE SAUCE, LEMON, CHIPS

(W,B,F,SD)

BEEF SHIN RAGU PAPPARDELLE || £20.00

SILVERSKIN ONION, CRISPY PANCETTA, GRAN LEVANTE CHEESE

(W,D,E,C,SD)

TURMERIC, GINGER, CHILLI & COCONUT CURRY || £20.00

SWEET POTATO, CAULIFLOWER, CHICKPEAS, RICE, DULSE FLATBREAD

(V,W)

WELSH LAMB BURGER || £17.00

ON A FARM COTTAGE ARTISAN BUN WITH GARLIC YOGHURT, TOMATO RELISH,

LETTUCE AND PICKLED CUCUMBER, SERVED WITH SKINNY FRIES

(W,SD,D)

PANKO CHICKEN BURGER || £16.50

ON A FARM COTTAGE ARTISAN BUN WITH KOREAN BBQ SAUCE, MAYONNAISE,

PICKLED CUCUMBER AND LETTUCE, SERVED WITH SKINNY FRIES

(W,E,SD,D,MU)

HALLOUMI POKÉ BOWL || £15.00

MISO AND HONEY DRESSING, AVOCADO, EDAMAME BEANS, CORIANDER,

CUCUMBER, CARROT, PICKLED CABBAGE

(V,W,S,SE,SD,MU)

|| Sides

CABBAGE & BACON (D) || £5.00

BUTTERED PEMBROKESHIRE POTATOES (V,D) || £5.00

CHIPS (V,W) || £5.00

SPINACH & APPLE SALAD WITH MUSTARD DRESSING (V,SD,B,MU) || £5.00

HONEY GLAZED PARSNIP & CARROTS (V) || £5.00

PEPPERCORN SAUCE (D,SD) || £4.00

WILD MUSHROOM AND TRUFFLE SAUCE (D,SD) || £4.00

|| Dessert

STICKY TOFFEE PUDDING || £9.00

BARTI SPICED RUM TOFFEE SAUCE, SALTED CARAMEL ICE CREAM
(V,W,S,D,E,SD)

CHOCOLATE & PASSION FRUIT CRÉMEUX || £10.00

COCONUT SORBET, ROASTED PINEAPPLE (V,S)

DULCE DE LECHE & COFFEE CHEESECAKE || £10.00

HAZELNUT ICE CREAM (V,W,O,S,D,E,H)

RHUBARB & CUSTARD PROFITEROLE || £10.00

WHITE CHOCOLATE AND VANILLA SAUCE (V,W,S,D,E)

SELECTION OF WELSH CHEESE || £14.00

PANT-YS-GAWN GOAT'S CHEESE, SNOWDONIA CHEDDAR, PERL LAS
AND PERL WEN, WITH TOMATO CHUTNEY, GRAPES, CELERY AND
CRACKERS (V,W,D,C)

A discretionary 10% service charge will be added to your bill.

Please advise us of any food allergies. Whilst every care is taken, we cannot guarantee that our kitchens are an allergen free environment, nor can we guarantee the processes used by our ingredient manufacturers.

Gluten Allergy: (B) Barley, (O) Oats, (R) Rye, (SP) Spelt, (W) Wheat

Nut (Tree Nut) Allergy: (A) Almonds, (BN) Brazil nuts, (CN) Cashew nuts, (H) Hazelnuts, (PS) Pistachios, (PN) Pecan nuts, (WN) Walnuts

Other Allergy: (C) Celery, (CR) Crustaceans, (D) Dairy/milk, (E) Eggs, (F) Fish, (L) Lupin, (M) Molluscs, (MU) Mustard, (P) Peanuts, (SE) Sesame seeds, (S) Soya, (SD) Sulphur dioxide

Lifestyle: 🌿 Plant-based, (V) Vegetarian