

BAR
|| MENU ||

dulse

THE
WATERFRONT



MILFORD
HAVEN

BREAKFAST

AVAILABLE 6.30AM TO 10.30AM

|| Breakfast Rolls

SWEETCURED BACON ON BLOOMER BREAD || £6.50

WITH SAUTÉED PEMBROKESHIRE POTATOES

(R,W,S)

GRILLED SAUSAGE ON BLOOMER BREAD || £6.50

WITH SAUTÉED PEMBROKESHIRE POTATOES

(R,W,S)

VEGETARIAN SAUSAGE ON BLOOMER BREAD || £6.50

WITH SAUTÉED PEMBROKESHIRE POTATOES

(V,R,W,S)

ADD EGG (V,E), BACON OR SAUSAGE || £1.00 EACH

|| Morning Pastries

FRESHLY BAKED CROISSANT || £3.50

(V,W,D,E)

PAIN AU CHOCOLAT || £3.50

(V,W,D,E,S)

LIGHT BITES

AVAILABLE 12PM TO 6PM

|| Cake Selection

BARA BRITH & WELSH CAKES || £7.00

WITH CLOTTED CREAM (V,W,D,E,SD)

FRUIT SCONE || £7.00

WITH CLOTTED CREAM AND JAM (V,W,D,E)

|| Sandwiches

ALL SERVED ON WELSH BLOOMER BREAD WITH CRISPS AND SALAD

SMOKED APPLEWOOD & TOMATO CHUTNEY || £9.00

(V,W,B,S)

CHICKEN, BACON & TOMATO || £9.50

(W,B,S,SD)

SMOKED SALMON WITH CUCUMBER & HORSERADISH

MAYONNAISE || £13.50

(R,F,W,S,D,E,MU)

LIGHT BITES

AVAILABLE 12PM TO 6PM

|| Dulse Toasties

ALL ON WELSH BLOOMER BREAD, SERVED WITH FRIES AND SALAD

HAM HOCK || £12.50

CHEDDAR CHEESE, PICCALILLI (W,B,D,MU)

ITALIAN SALAMI & MOZZARELLA || £12.50

ROASTED PEPPERS AND PESTO (W,B,D)

BALSAMIC & GARLIC ROASTED PORTOBELLO

MUSHROOMS || £12.50

APPLEWOOD CHEESE, BLACK GARLIC MAYONNAISE (V,W,B)

TUNA MELT || £12.50

MELTED CHEDDAR CHEESE, RED ONION (W,B,F,D)

THE REUBEN || £13.00

**BEEF, SAUERKRAUT, SWISS CHEESE, THOUSAND ISLAND DRESSING
(W,B,D,SD)**

LIGHT BITES

AVAILABLE 12PM TO 6PM

|| Soup & Light Bites

DULSE SEAFOOD CHOWDER || £11.00

SWEETCORN, CHORIZO, CHARRED SOURDOUGH, SEAWEED BUTTER
(R,SP,W,F,M,S,D,SD,C)

TRADITIONAL WELSH LAMB CAWL || £11.50

ONION BREAD, SNOWDONIA BLACK BOMBER CHEESE (W,B,D)

PEMBROKESHIRE CHILLI FARM SPICED WHITEBAIT || £9.00

JALAPENO AND LIME MAYONNAISE (W,F)

EGGS BENEDICT || £10.00

ENGLISH MUFFIN, POACHED EGG, HAM AND HOLLANDAISE SAUCE
(W,S,D,E)

EGGS ROYALE || £13.50

ENGLISH MUFFIN, POACHED EGG, SMOKED SALMON AND HOLLANDAISE SAUCE
(W,F,S,D,E)

LIGHT BITES

AVAILABLE 12PM TO 6PM

|| Burgers & More

TANDOORI CHICKEN GARLIC NAAN || £15.00

ONION AND CUCUMBER SLAW, MINT YOGHURT, SERVED WITH SKINNY FRIES (W,D,MU)

WELSH LAMB BURGER || £17.00

ON A FARM COTTAGE ARTISAN BUN, TOPPED WITH GARLIC YOGHURT, TOMATO RELISH, LETTUCE AND PICKLED CUCUMBER, SERVED WITH SKINNY FRIES (W,SD,D)

DULSE HOMEMADE GNOCCHI || £21.00

SUN BLUSHED TOMATOES, ROMANESCO SAUCE, CHARRED BROCCOLI, GOAT'S CHEESE (V,A,D,SD)

TENBY HARBWR BEER BATTERED HADDOCK || £22.00

PEA AND MINT PURÉE, HOMEMADE TARTARE SAUCE, LEMON AND CHIPS (W,B,F,SD)

LIGHT BITES

AVAILABLE 12PM TO 6PM

|| Sides

CHIPS (V,W) || **£5.00**

SKINNY FRIES (V,W) || **£5.00**

BUTTERED GREEN BEANS & BACON (D) || **£5.00**

PEMBROKESHIRE POTATOES WITH GARLIC BUTTER (V,D) || **£5.00**

CHEESY CREAMED LEEKS & CRISPY ONIONS (V,W,D,SD) || **£6.00**

A discretionary 10% service charge will be added to your bill.

Please advise us of any food allergies. Whilst every care is taken, we cannot guarantee that our kitchens are an allergen free environment, nor can we guarantee the processes used by our ingredient manufacturers.

Gluten Allergy: (B) Barley, (O) Oats, (R) Rye, (SP) Spelt, (W) Wheat

Nut (Tree Nut) Allergy: (A) Almonds, (BN) Brazil nuts, (CN) Cashew nuts, (H) Hazelnuts, (PS) Pistachios, (PN) Pecan nuts, (WN) Walnuts

Other Allergy: (C) Celery, (CR) Crustaceans, (D) Dairy/milk, (E) Eggs, (F) Fish, (L) Lupin, (M) Molluscs, (MU) Mustard, (P) Peanuts, (SE) Sesame seeds, (S) Soya, (SD) Sulphur dioxide

Lifestyle: 🌿 Plant-based, (V) Vegetarian